

## Who is an addict?

Most of us do not have to think twice about this question. *We know!*  
Our whole life and thinking was centred in drugs in one form or another –  
the getting and using and finding ways and means to get more.  
We lived to use and used to live.  
Very simply, an addict is a man or woman whose life is controlled by drugs.  
We are people in the grip of a continuing and progressive illness whose ends  
are always the same: jails, institutions and death.